



GROUPS BY REFERRAL ONLY

Baby Massage: 5 week programme to learn how to massage your baby and learn more about their development. Attendance is by referral only. Please speak to group facilitators regarding referrals.

Introducing Solids: This session is to learn how to introduce solids to your baby when they are 6 months. To book please call Oakfield Children's Centre on **03000 411049**

Adult Education: Please contact Tracy on **03000 418992** to find out more or book a place.

Positive Parenting Tips: To find out more information and book please call Oakfield Children's Centre on **03000 411049**

INFORMATION ON OTHER GROUPS AND PARTNER AGENCIES

We are Beams Family Advice Clinic Drop In : For parents/Carers of children with Special Educational Needs and Disabilities. Term Time Only.

Homestart Groups:

Little Buddies 12:00 - 2.30pm 1st Monday of every month

Multiple Birth Group 12:00 - 2pm 2nd and 4th Monday of every month
Please call 01322 225100 for further information.

Midwifery Services: Antenatal and postnatal services provided by community midwives.

Appointment only through Midwifery Office at Darent Valley on
01322 428753 (9.00am - 3pm only)

Health Visiting Services: Includes 6-8 week checks and Development Reviews by appointment only. For any support regarding your child's development contact **0300 123 2075** or

kentchft.dartfordhvv@nhs.net or attend the Drop-in Clinic to get your baby weighed and speak to a member of the Health Team

Dartford Children's Centre Timetable

Beginning W/C 26th June 2023 until 21st July 2023

At your local Children Centre your child can make friends as they play with others of a similar age. Parents and carers can also get professional advice and support.

WEEKLY GROUPS

Stay & Play: 0-5 years. This includes a variety of activities to support your child's learning and development. Messy activities will also be available for children to explore, we advise wearing old clothing.

Baby Group : For parents with babies who are not yet walking. This includes a variety of activities to support your babies learning and development as they reach key milestones such as rolling, sitting and crawling.

Active Tots: From crawling until their second birthday. This session is to support your child's physical development in a fun and stimulating environment. We advise that comfortable clothing is worn and all footwear will need to be removed for this session.

Music Group: 0-5 years. For parents and children to be active and join in with our musical sessions. **Can we please ask that you do not arrive later than 10 minutes after the start time, so as not to disrupt the structure of the session.**

There is a 'No Mobile Phones' policy in all of our groups

DARTFORD YOUTH HUB

For more information about Dartford Youth Hub activities, please call
The Bridge on **03000 420691**



@DartfordCC








@bridge4yp



www.kent.gov.uk (search Children's Centres)



	Monday	Tuesday	Wednesday	Thursday	Friday
Brent DA1 1UP 03000 420400	Midwifery Services 8.30am - 4.30pm Health Visiting Service 8.30am - 4.30pm	We are Beams Drop in 9.30am - 2.00pm (Term Time only) Midwifery Services 8.30am - 4.30pm Health Visiting Service 8.30am - 4.30pm	Baby Group 9.30am - 11.00am Midwifery Services 8.30am - 4.30pm Health Visiting Service 8.30am - 4.30pm Introducing Solids 1 session Bi-monthly (please see reverse for details)	Music Group 9.30am - 10.15am and 10.45am - 11.30am Midwifery Services 8.30am - 4.30pm Health Visiting Service 8.30am - 4.30pm	Stay & Play 9.30am - 11.00am and 1.00pm - 2.30pm Midwifery Services 8.30am - 4.00pm Health Visiting Service 8.30am - 4.00pm
Darenth DA2 8DH 03000 412567 Open Weds and Friday		Midwifery Services 8.30am - 4.30pm	Midwifery Services 8.30am - 4.30pm Health Visiting Service 8.30am - 4.30pm	Midwifery Services 8.30am - 4.30pm	Midwifery Services 8.30am - 4.00pm Health Visiting Service 8.30am - 4.00pm
Knockhall DA9 9HD 03000 419900 Open Mon and Weds	Drop-in Clinic and Breastfeeding Support 9.30am - 11.15am Midwifery Services 8.30am - 4.30pm Health Visiting Service 8.30am - 4.30pm	Midwifery Services 8.30am - 4.30pm	Stay & Play 9.30am - 11.00am Baby Group 1.30pm - 3.00pm Midwifery Services 8.30am - 4.30pm Health Visiting Service 8.30am - 4.30pm	Virtual Positive Parenting tips (1st Thursday of every month beginning 6th July) 10.00am - 11.00am Midwifery Services 8.30am - 4.30pm	Midwifery Services 8.30am - 4.00pm
Oakfield DA1 2SW 03000 411049	Music Group 9.30am - 10.15am Baby Group 1.00pm - 2.30pm Midwifery Services 8.30am - 4.30pm	Midwifery Services 8.30am - 4.30pm	Midwifery Services 8.30am - 4.30pm Health Visiting Service 8.30am - 4.30pm	Active Tots 9.30am - 10.30am and 11.00am - 12.00pm Midwifery Services 9.00am - 4.30pm	Midwifery Services 8.30am - 4.30pm Health Visiting Service 8.30am - 4.00pm
Swanscombe DA10 0BS 03000 415600	Stay & Play 9.30am - 11.00am and 1.00pm - 2.30pm Midwifery Services 8.30am - 4.30pm Health Visiting Service 8.30am - 4.30pm	Baby Massage 9.30am - 11.00am and 1.00pm - 2.30pm (Please see reverse) Midwifery Services 8.30am - 4.30pm Health Visiting Service 8.30am - 4.30pm	Music Group 9.30am - 10.15am Midwifery Services 8.30am - 4.30pm SCBU Group Last Wednesday of the month (Delivered by Darent Valley Hospital)	Baby Group 9.30am - 11.00am Midwifery Services 8.30am - 4.30pm Health Visiting Service 8.30am - 4.30pm Introducing Solids 1 session Bi-monthly (please see reverse for details)	Midwifery Services 8.30am - 4.00pm
Temple Hill DA1 5ND 03000 421443 Open Mon and Tues	Homestart Groups (Please see reverse for details)	Stay & Play 9.30am - 11.00am and 1.00pm - 2.30pm	Virtual Adult Education (Please see reverse for details) Autism Awareness 21st June - 12th July 9.30am - 11.30 am	Virtual Adult Education (Please see reverse for details) Managing Children's Behaviour 22nd June - 13th July 6.00pm-8.00pm	<div>  Stay & Play  Baby Group  Music Group  Active Tots </div>